



## PERFECTED MERCHANTS METHOD:

# How to Roast Green Coffee in Your Oven

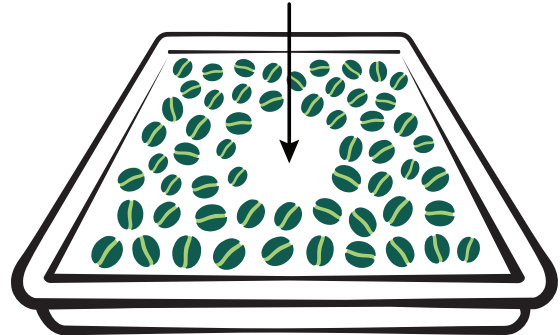
### Items Needed:

- Green coffee beans
- Cookie sheet
- Oven (any oven, including convection w/ fan)
- Tool for stirring (wooden spoon is preferable)

### Method:

1. Preheat oven to 450°F.
2. Spread a single layer of green beans onto cookie sheet. Shake cookie sheet side-to-side to spread beans evenly and use your hand, or wooden spoon, to create a hole in the center of the mass of beans by moving some aside (See image to the right).
3. Place cookie sheet in oven on middle rack and take note of the time. Monitor the progression of the beans, checking for an even colouring during the early stages of the roast. (Some ovens require more stirring than others due to hot spots). If required, remove beans from oven, stir them, (preferably with a wooden spoon) and quickly replace in oven without losing too much heat.
4. In approx. 6 to 8 minutes you will hear what's called **"first crack"**, characterized by a distinct popping sound. Watch your beans closely now. Between 10-15 minutes, as the beans reach 435°F the **"second crack"** begins and signals that the beans are entering a medium roast. (If required, this is a good time to stir the beans to ensure an even roast). Second crack is characterized by a softer-sounding and more rapid crackling noise, which means that the sugars within the beans are caramelizing.
6. Once the beans have browned to your desired degree of roast, take them out of the oven and transfer all beans (plus chaff, or "outer skin" that comes off the beans) to a heat-resistant bowl for cooling. The faster the beans cool, the better. To separate chaff from beans, simply take the bowl outside and blow on the beans while swirling them around in the bowl (this is called "winnowing"). Small pieces of remaining chaff are not a concern and will not affect the end cup. Once cool, grind fresh and enjoy immediately! Coffee can only be considered fresh within 1-7 days from roasting. After roasting your own, you can decide on what you consider to be the definition of "fresh".

Creating this hole in the center allows for a much more even roast!



Each time you put the cookie sheet into the oven, make a hole in the center of the beans, as pictured above. You will observe that the beans at the edges of the mass tend to brown faster than the beans in the center, so by making this hole it allows heat to reach the center of the mass as well as the edges, thus yielding a more even roast.

### Targeting Roast Degree:

*Light Roast (occurs between first and second crack):* First crack has occurred; beans are light brown and dry on the surface. Second crack is about to start.

*Medium Roast (occurs at second crack):* Second crack has begun; beans are a deeper brown with a slight sheen (or satin-like finish) just starting to appear on the surface.

*Dark Roast (occurs into second crack):* Beans are dark brown with shiny surface oils and are cracking rapidly.

*Burnt:* Beans are black, oily and smoking hot. Smoke will be blue in colour and it will smell burnt.

### Critical Time:

After some practise this method requires little attention; however, between 10-15 minute mark is when the the roast consistency is created. Pay attention during this period. With practise, oven-roasting becomes second nature.

### Perfecting Your Roast:

Depending on your oven, it should take 12-15 minutes (max) to roast coffee. If your roasting time exceeds 15 minutes, increase oven temperature by 25°F on your next roast. Coffee that takes more than 15 minutes will taste dull in flavour and is considered "baked" instead of "roasted".